

VALLEY YOUTH FOOTBALL LEAGUE (VYFL)

Release and Hold Harmless Agreement

As lawful parent or guardian of _____, a minor under
[NAME OF STUDENT]

Michigan law, I hereby authorize _____, to participate in the Valley
[NAME OF STUDENT]

Youth Football League (“Program”). I, on behalf of said minor, accept full responsibility for any
and all injuries, both mental and physical, that may occur to _____
[NAME OF STUDENT]

due to such participation and, in connection therewith, I furthermore hold harmless all coaches, officials,
person and/or entities associated with the program, both volunteer and hired, the members of the Valley
Youth Football League from any and all liability due to

_____’s participation in or association with the program, including, but
[NAME OF STUDENT]

not limited to, injury, harm, damage, loss or other impediments which may arise from practices, games,
travel to and from said events, or any other activity which may be in any way connected with or arise
from practices, games, travel to and from said events, or any other activity which may be in any way

connected with or arise from _____’s participation in the Program.
[NAME OF STUDENT]

I, on behalf of _____ specifically release all claims for damages,
[NAME OF STUDENT]

personal injury, wrongful death or injury, including all tort claims, civil claims and statutory claims
including claims arising under the Persons with Disabilities Act, state and federal civil rights acts or any
other claim that might arise, either known or unknown, from said minor’s participation in the program.

I specifically understand that this Release and Hold Harmless Agreement is intended to preclude all
lawsuits, appeals and claims as described above and I acknowledge that neither I, nor anyone acting on

my behalf, will institute such claims on _____’s behalf.
[NAME OF STUDENT]

I understand football is a dangerous sport and sometimes results in injury and even death. I warrant that I
am fully aware of the risks associated with football, have reviewed them with

_____, and consent to _____
[NAME OF STUDENT] [NAME OF STUDENT]

undertaking such risks.

Signature of Parent or Guardian

Dated: _____

Printed Name of Parent or Guardian

Signature of Student

Dated: _____